

EVERGREEN COMMUNITY CHARTER SCHOOL CURRICULUM

Course: Health
Grade: 8

PA State Standards	Topic/Method & Material	Assessment
<p>10.1.8 – Concepts of Health</p>	<p>Body Systems Class Discussion. Resources: Textbook, Handouts, and/or PowerPoint. To include, but not limited to, areas such as:</p> <ul style="list-style-type: none"> • Purpose of body system. • Organs included in each body system. • Primary functions of organs. • How our body systems linked to one another. <p>Body Image Class Discussion. Resources: Textbook, Handouts, and/or PowerPoint, pdesas.org To include, but not limited to, areas such as:</p> <ul style="list-style-type: none"> • Peer Influence • Healthy Eating • Nutritional/dietary guidelines <p>Disease Prevention Class Discussion. Resources: Textbook, Handouts, and/or PowerPoint. To include, but not limited to, areas such as:</p> <ul style="list-style-type: none"> • Personal choices that may lead to disease. • Genetic factors that may contribute to disease. 	<ul style="list-style-type: none"> • Observation • Participation • Quizzes • Tests • Projects (Individual and Partner)

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<p>10.2.8 – Healthful Living</p>	<p>Health and Safety Class Discussion. Resources: Textbook, Handouts, and/or PowerPoint. To include, but not limited to, areas such as:</p> <ul style="list-style-type: none"> • First Aid • CPR/AED • Heimlich Maneuver • Avoidance of unhealthy behaviors. <p>Safety with Technology/Social Media Class Discussion. Resources: Textbook, Handouts, and/or PowerPoint, pdesas.org To include, but not limited to, areas such as:</p> <ul style="list-style-type: none"> • Social Media Etiquette • Negative consequences of inappropriate social media use. • Cyberbullying <p>Healthcare Products Class Discussion. Resources: Textbook, Handouts, and/or PowerPoint. To include, but not limited to, areas such as:</p> <ul style="list-style-type: none"> • Over-The-Counter Medications • Prescription Medications • Immunizations 	<ul style="list-style-type: none"> • Observation • Participation • Quizzes • Tests • Projects (Individual and Partner)

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<p>10.3.8. Safety and Injury Prevention</p>	<p>Safety and Injury Prevention Class Discussion. Resources: Textbook, Handouts, and/or PowerPoint. To include, but not limited to, areas such as:</p> <ul style="list-style-type: none"> • Transportation Safety (automobile, bike, etc.) • Violence Prevention in School • Self-Protection at Home and in Public • Reasons to Call 911 • Essential 911 information • Caring for injuries such as sprains or strains <p>Mental, Emotional, and Social Health Class Discussion. Resources: Textbook, Handouts, and/or PowerPoint, pdesas.org To include, but not limited to, areas such as:</p> <ul style="list-style-type: none"> • Stress • Self Esteem • Self-Care • Healthy Habits • Unhealthy Habits • Asking for Help 	<ul style="list-style-type: none"> • Observation • Participation • Quizzes • Tests • Projects (Individual and Partner)