EVERGREEN COMMUNITY CHARTER SCHOOL CURRICULUM

Course: Health
Grade: 11

PA Standards	Topic/Methods& Materials	Assessment
10.1.11 – Concepts of Health	**Growth & Development** Lecture. Discussion. Resources: Textbook, Handouts, and/or PowerPoint. To include, but not limited to, areas such as: *Healthy Relationships* • Dating • Marriage • Family *Communicable & Non-Communicable Disease* • Risk Factors • Pathogens • Transmission **Mental, Emotional, & Social Health** Lecture. Discussion. Resources: Textbook, Handouts, and/or PowerPoint, pdesas.org To include, but not limited to, areas such as: *Effect of Stress on the Body Systems* *Stress Reduction* *Mental Health Disorders* • Eating Disorders • Personality Disorders • Addiction & Impulse Control Disorders	• Observation • Participation • Quizzes • Tests • Projects (Individual & Group)

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	• Mood Disorders • Psychotic Disorders **Drug, Alcohol, & Tobacco Use** Lecture. Discussion Resources: Textbook, Handouts, and/or PowerPoint, pdesas.org To include, but not limited to, areas such as: *Current Trends in Drug Abuse* • Opioids • Heroin • Marijuana • Alcohol • Fentanyl *Effects of Alcohol, Drugs, & Tobacco on the Body* • Short-Term Effects • Long-Term Effects • Overdose • Withdrawal	

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10.2.11- Healthful Living	**Personal & Community Health** Lecture. Discussion Resources: Textbook, Handouts, and/or PowerPoint, pdesas.org To include, but not limited to, areas such as: *Types of Healthcare Plans* • Medicare • Medicaid • HMO's • PPO's • Affordable Care Act *How to Choose a Healthcare Provider* *Allied Health Profession Occupations* • Physicians • Nurses • Nursing Assistants • Medical Assistants *Healthcare Costs* **Mental, Emotional, & Social Health** Lecture. Discussion Resources: Textbook, Handouts, and/or PowerPoint.	• Observation • Participation • Quizzes • Tests • Projects (Individual & Group)

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PA Standards	Topic/Methods& Materials	Assessment
10.3.11- Safety & Injury Prevention	To include, but not limited to, areas such as: *Goal Setting* *Decision Making* **Mental, Emotional, & Social Health** **Growth & Development** Lecture. Discussion Resources: Textbook, Handouts, and/or PowerPoint, pdesas.org To include, but not limited to, areas such as: *Sexual Misconduct* • Definition *Differentiate Between Different Types of Sexual Misconduct* • Sexual Assault • Sexual Harassment • Sexual Abuse *Bullying and Sexuality* • Sexual Activity • Abstinence • Gender Identity • Gender Expression • Sexual Orientation	• Observation • Participation • Quizzes • Tests • Projects (Individual & Group)

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	Unhealthy Sexual Relationships • Date Rape	