

Monroe County Behavioral Health Referral List (updated 2/7/2024)

NAME	SPECIALTY	ADDRESS/PHONE
<b>Dial 2-1-1</b>		
a free one-stop information and referral service for Monroe County that provides easy access to human services in our community		
<b>Pocono Mountains United Way</b>		
<a href="http://poconounitedway.org">poconounitedway.org</a> or call 570-517-3953		
* shelters/housing *food/clothing * rent/utility assistance * transportation * opioid abuse information * Early Intervention services * mental health services * development * legal/consumer * credit counseling		
* Public Assistance programs * where to donate food, clothes, furniture, & time * aging parent assistance * support groups *and more		
<b>Psychiatrists</b>		
Adams, Dr. Cathleen	Pediatric Psychiatry	Geisinger Medical Center, 100 N Academy Ave., Danville, PA 17822 (800) 275-6401
Aaron Center	Pediatric Psychiatry	851 Commerce Blvd, Dickson City, PA (570) 489-5561 <a href="https://aaroncenter.com/">https://aaroncenter.com/</a>
Advanced Community Services	Pediatric and Adult Psychiatry	1141 Clay Avenue Suite #2 Scranton, PA (570) 207-7919
Behar, Dr. David Solutions Counseling	Pediatric and Adult Psychiatry	35 East Elizabeth Ave Suite 37, Bethlehem PA 18018 (610) 865-1303 <a href="http://solutionscounseling.net/">http://solutionscounseling.net/</a>
Berger, Dr. Matthew	Pediatric and Adult Psychiatry	340 Montage Mountain Road Moosic, PA (570) 346-3686 <a href="https://www.matthewbergermd.com/">https://www.matthewbergermd.com/</a>

**Monroe County Behavioral Health Referral List (updated 2/7/2024)**

Blue Mountain Psychiatry Dr. Muhammad Rifai	Pediatric, Adult, and Geriatric Psychiatry	1803 West Main Street Stroudsburg, PA (610) 253-2500 <a href="https://bluepsychiatry.org/">https://bluepsychiatry.org/</a>
Friendship House	Pediatric Psychiatry	1509 Maple St. Scranton, PA (570)342-8305 ext 1047 <a href="https://www.friendshiphousepa.org/">https://www.friendshiphousepa.org/</a>
Kids Peace Outpatient	Pediatric and Adult Psychiatry	1151 Pocono Blvd, Mount Pocono, PA 18344 (570) 243-8787 <a href="https://www.kidspeace.org">https://www.kidspeace.org</a>
New Beginnings	Pediatric and Adult Psychiatry	564 Main St, Stroudsburg, PA 18360 (570) 622-9101 <a href="https://www.newbeginningscenters.com/">https://www.newbeginningscenters.com/</a>
REDCO	Pediatric and Adult Psychiatry	564 Main St. Stroudsburg PA (570)420-8070 <a href="http://www.redcogrp.com/">http://www.redcogrp.com/</a>
Scranton Counseling Center	Pediatric and Adult Psychiatry	326 Adams Ave. Scranton, PA 18503 (570) 348-6100 <a href="http://scrantonscc.org/">http://scrantonscc.org/</a>
Turnberg, Martha, MD	Pediatric and Adult Psychiatry	419 A King St, East Stroudsburg (570) 424-8657
<b>Psychologists/ Psychotherapists</b>		
Allen, Jenn MS, LPC, CCTP Age:14+	trauma, PTSD, trans-affirming	425 Carlton Road, Mt Pocono (570) 588-8555
Barabas, Dustan, PsyD Pocono Counseling Age: 6 + Handicap access	Cognitive Behavior Therapy, mood DO, trauma, grief, anger, sex offender assess &treatment	930 N. 9th Street, Stroudsburg, PA 18360 (570) 629-4900 <a href="https://poconopsychologist.com/">https://poconopsychologist.com/</a>
Barber, Sheila, PhD Licensed Psychologist Age: All	Cognitive Behavior Therapy, anxiety, depression, ADHD	761 Cherry Lane Road East Stroudsburg, PA 18301 (570) 629-6256
Bedard, Brie LPC CAADC Ages: 14+	Individuals, couples, group; grief, mood disorders, life transitions, trans-affirming	425 Carlton Road, Mt Pocono (570) 588-8555
Brito, Eileen, LCSW Pocono Behavioral Wellness, LLC	English/Spanish: Mood disorders, anxiety, OCD, trauma (PTSD), ADHD, anger management, parenting, grief, mindfulness, LGBTQI, therapy dogs	745 Main St. Suite 204, Stroudsburg, PA 18360 (570)994-2664 <a href="https://poconobehavioralwellness.com/index.html">https://poconobehavioralwellness.com/index.html</a>
C. Snyder Counseling & Wellness Anderson, Jesse, LSW Papazian, Ashley, MSW Age: 6+	Individuals, couples, and families; CBT, DBT, LGBTQ	3606 Nicholas St., Untit C, Easton, PA 18045 (484) 373-2460
Cornell, Sara J., Psy.D. Comprehensive Psychological Services	Depression, anxiety, trauma, PTSD, eating disorders	Route 940 Pocono Lake, PA (570) 643-0222

**Monroe County Behavioral Health Referral List (updated 2/7/2024)**

Drago, Anthony, Ed.D. Monroe Psychological Group Age: All	Anxiety & mood DO, psychological & psych educational testing	79 South Courtland Street East Stroudsburg, PA 18301 (570) 476-6301
Empowered Living, LLC Age: All	Children, individual, couple and family counseling	7164 Route 209 Stroudsburg (570) 234-0403 <a href="https://www.empoweredlivingpa.com">https://www.empoweredlivingpa.com</a>
Fiore, Kristy, MS CRC LPC Age: All	LGBTQ+Issues, grief, disabilities, anxiety & depression, trauma, veteran's issues	1 Line Street, Suite 3 Throop, PA 18512 (570) 507-3189
Griffiths, Tiffany, Psy D. Tiffany Griffiths Psy D. and Assoc. Age: All	Dialectical Behavior Therapy; trauma; mood disorders; child/adolescent, family therapy, med management	502 N Blakely St Dunmore, PA 18512 (570) 342-8434 <a href="https://www.drtiffanygriffiths.com/">https://www.drtiffanygriffiths.com/</a>
Harris, Prunella, LCSW Restorative Family Services, LLC Ages: All	English/Spanish: Individual, couple, and family counseling	529 Seven Bridge Rd, Ste304, East Stroudsburg, PA 18301 (570) 972-2476 <a href="https://restorativefamilyservices.com/">https://restorativefamilyservices.com/</a>
Jones, Nichelle, LCSW Positive Perception Counseling Ages: All	ADHD, anger management, coping skills, PTSD, etc. Individual, group and family.	529 Seven Bridges Rd Suite 105, East Stroudsburg (570) 580-4060 <a href="mailto:njones@positiveperceptions.org">njones@positiveperceptions.org</a>
Kidspace Outpatient Services Age: 3-Adult	Therapy, life and parenting skills training, problem solving, and self-esteem building to children and families	1151 Pocono Blvd, Mount Pocono, PA 18344 (570) 243-8787 <a href="https://www.kidspace.org">https://www.kidspace.org</a>
Kovacs, Jamie, LPC Aspire Counseling and Consulting Age: children-adult	Individual and family therapy	134 Broad Street, Suite 7, Stroudsburg, PA (570) 421-7868 <a href="http://www.aspirecounselingllc.com/index.html">http://www.aspirecounselingllc.com/index.html</a>
Marsar-Perez, Kristen, LCSW Connections Counseling	Children and adolescents, trauma Informed treatment	1300 N 5th St. Stroudsburg PA 18360 (570) 424-5100 <a href="https://www.connectionsounselingservicesllc.com/">https://www.connectionsounselingservicesllc.com/</a>
Matrick, Debra, LCSW Matrick Counseling Center Age: 4+	family, grief, child/adolescent, couples, anxiety/depression, geriatric, LGBTQ, PTSD	1259 Route 390 Cresco, PA (570) 595-0943
Olson, Pamela, LCSW, CAC Age: 18 & up	Mood, anxiety, inter-personal issues, addiction	Mt. Pocono Professional Building 4 Fork Street - Suite 2000 Mt. Pocono, PA 18344 (570) 894-2446
OMNI Health Services Inc. Age: 5+	Individual/group/family counseling, med management, psychiatric evaluation	301 Mulberry Street Scranton PA (570) 507-9272
Pocono Psychological Services Age: children- adult	English/Spanish Depression, anxiety, individual & family counseling, etc.	408 Scotrun Avenue, Scotrun, PA 18355 (570) 688-2929 <a href="http://www.poconopsychologicalservices.com/">http://www.poconopsychologicalservices.com/</a>
Pocono Counseling Associates	Anger Management, LGBTQIA, CBT, anxiety, depression, mindfulness, etc	105 Terrace Drive Ste 102 Stroudsburg, PA (570) 620-4332 <a href="https://poconocounseling.com/">https://poconocounseling.com/</a>

**Monroe County Behavioral Health Referral List (updated 2/7/2024)**

Resolve School-Based Outpatient	Children and adolescents, individual and family therapy, telepsychiatry, medication monitoring	Locations include E.Stroudsburg, Brodheadsville, Wind Gap,& Bethlehem (610) 515-6580 <a href="https://www.ciu20.org">https://www.ciu20.org</a>
Sahaya-Magnus, Rita, LCSW	Trans-affirming	134 Broad Street, Suite 1 Stroudsburg, PA 18360 (570) 992-0624
Snyder, Bruce, MS, LPC Family Treatment Associates Age: 4 & Up	Individual/marital/family therapy, PTSD, grief, ADHD, parenting	117 Broad Street Stroudsburg, PA 18360 (570) 424-6049
Sportelli, Heather, LPC The Hemlock Reprieve LLC Age: All	Individual/marital/family therapy, PTSD, grief, ADHD, parenting, LGBTQ issues, depression	529 Seven Bridge Rd, Ste 207 East Stroudsburg, PA 18301 (570) 399-0504
Steinbacher, Theresa, M.Ed., NCC, LPC Age: All	Hypnotherapy, eating disorders, anxiety, depression, LGBTQ issues, domestic violence	123 Walnut St. Kunkletown, PA 18058 (610) 381-3362
Sucro, Beth, LCSW Community Counseling Services Age: All	Mood, developmental DO, family, individuals, couples	51 Market St., Bangor PA (610) 588-9109 <a href="http://www.ccsbangor.org">www.ccsbangor.org</a>
Tavormina, Michelle, PhD, LCSW Age: All	Trauma, grief, anxiety, depression, etc.	19 South 6th St., Stroudsburg, PA 18360 (570) 424-5477
Trook, Douglas, PhD Pocono Psychological Services Age: 8 - Adult	Individual/couples, anxiety, depression, Christian Act 235, bariatric,pain evals	601 Scotrun Avenue PO Box 325, Scotrun, PA 18355 (570) 688-2929
Valley Neuropsychology Group Age: All	Psychotherapy: marital, family, individual; AD/HD testing/management, forensic assessments	1045 S.Cedar Crest Blvd. Allentown, PA 18103 (610) 433-3360 email: <a href="mailto:info@vngonline.com">info@vngonline.com</a> <a href="https://vngonline.com/">https://vngonline.com/</a>
Velez, Ana Hope Counseling and Behavioral Services, LLC	Individual/couples, groups, depression, grief, anger management, sexual abuse/ abuse/neglect, self esteem issues	1023 Interchange Road Gilbert, PA (610) 681-5389 <a href="http://www.hopcounselingbehavior.com/">http://www.hopcounselingbehavior.com/</a>
Williams, R. Samantha, LPC, CCTP Ages: All		Tobyhanna, PA (570) 580-8018
Yakavonis, Cheryl, LPC Age: 13 to adult	Individuals, couples and families, anxiety, anger management, depression, grief, self esteem	115 Learn Road, Tannersville PA 18372 (570) 213-2817
<b>Trauma Focused Therapy</b>		

**Monroe County Behavioral Health Referral List (updated 2/7/2024)**

Integrative Counseling Services	Individual and group; trauma, EMDR, anger management, depression, anxiety	300 Mulberry St. #201, Scranton, PA 18503 (570) 955-5479 <a href="http://integrativecounselingpc.com/">http://integrativecounselingpc.com/</a>
Brojna, Nicole, LCSW Age: children - adults	Marriage, family, individual; anxiety, mood DO, ADHD, Parenting, EMDR, Adjustment DO	134 Broad Street Stroudsburg, PA 18360 (570) 279-4940
Opsasnick, Lynne, LSW Northeast Therapeutic Wellness Center	Trauma Therapist, Parent Child Interaction Therapist and Prolonged Exposure Therapist	1631 Mulberry St., Scranton, Pennsylvania 18510 (570) 302-4474
<b>Forensic Counseling</b>		
Forensic Counseling Assoc. Age: All	Evaluating & treating sex offenders and victims; Perpetrators & victims of domestic violence	1385 Pocono Blvd., Mt. Pocono, PA 18344 (570) 476-7704 <a href="http://www.forensiccounselingassociatesllc.com">http://www.forensiccounselingassociatesllc.com</a>
<b>Agencies &amp; Centers of Care</b>		
Burnley Employment & Rehab Services Age: 18-75	Vocational training & Employment Services for individuals with disabilities	4219 Manor Drive Stroudsburg, PA 18360 (570) 992-6616
Children & Youth Services of Monroe County Age: Birth - 17	Advocate & protect children & youth from abuse & neglect while attempting to stabilize family unit.	730 Phillips Street., Stroudsburg, PA 18360 (570) 420-3590 <a href="http://www.monroecountypa.gov/Dept/CY">www.monroecountypa.gov/Dept/CY</a>
Fitzmaurice Community Services Age: 18 & Up	Residential life sharing and supportive services for people with developmental disabilities/mental illness.	7410 School View Lane Stroudsburg, PA (800) 289-8980 <a href="http://www.fitzmaurice.org/">http://www.fitzmaurice.org/</a>
HOPE (Helping Overcome Psychosis Early) Age: 15-25 (can be younger)	An early intervention program for those experiencing their first episode of psychosis within a 2-year period.	Children's Service Center (877) 433- 5112 <a href="http://www.cscwv.org/">http://www.cscwv.org/</a>
Marley's Mission	Equine Assisted Psychotherapy for children who have experienced trauma	2150 Port Royal Rd, Clarks Summit, PA 18411 570-587-HOPE <a href="https://marleysmission.com/">https://marleysmission.com/</a>
MH/DS Program Carbon/Monroe/Pike Age: All	Assessment & Referrals. Case mgmt, advocacy, support, linkage, intensive case mgmt, targeted case manager	730-A Phillips Street Stroudsburg, PA 18360 (570) 421-2901 <a href="http://www.cmpmhds.org/">http://www.cmpmhds.org/</a>
New Perspectives Phone/Mobile Age : ALL House Age: 16 & Up	Crisis Intervention, crisis residence, mobile crisis, medical mobile crisis, telephone hotline	140 Neyhart Road, Stroudsburg, PA 18360 (570) 992-0879 Crisis Hotline: 1-800-849-1868

**Monroe County Behavioral Health Referral List (updated 2/7/2024)**

PA KinConnector	PA KinConnector is an information, referral and education program for kinship caregivers in Pennsylvania.	(866) 546-2111 <a href="https://www.kinconnector.org/">https://www.kinconnector.org/</a>
Shared Ride	Bus transportation for medical appointments for families with no transportation and limited income.	(570) 839-8210 <a href="https://www.gomcta.com/sharedride.php">https://www.gomcta.com/sharedride.php</a>
United Way/ 211	180 languages available, 24/7, speak with a specialist in your area who will help you find social services and resources	call or text: 211 <a href="https://www.211.org/">https://www.211.org/</a>
Women's Resources of Monroe County Age: All female/male	Domestic violence & sexual assault crisis center. Info & referral. Emergency shelter, counseling, educational programs.	215 West Main Street Delaware Water Gap, PA Office: (570) 424-2093 Crisis Hotline: 421-4200 The Mountain Center, Tobyhanna, PA (570) 894-3272 <a href="http://www.wrmonroe.org/">http://www.wrmonroe.org/</a>
<b>IBHS (Intensive Behavioral Health Services)</b>		
Merakey ALL AGES (age limits for some services)	Family based services, home based & school services. Mobile therapy, behavioral specialist, TSS	912 Main Street Suite 202 Stroudsburg, PA 18360 (570) 424-9229 <a href="http://www.merakey.org/">http://www.merakey.org/</a>
Pathways Community Services Age: 0-21	Home based & school Services. Mobile therapy, behavioral specialist, TSS	528 Seven Bridge Rd #246, East Stroudsburg, PA (570) 424-6221 <a href="http://www.pathwaysofpa.com/">http://www.pathwaysofpa.com/</a>
Salisbury Behavioral Health Age: 18+	Assertive Community Treatment (ACT)-community-based tx program for those with severe and persistent mental illness	411 Main Street, Suite 105, Stroudsburg, PA (570) 422-6721 <a href="http://www.salisb.com/">www.salisb.com/</a>
Youth Advocate Program, Inc.	Home based and school services, mobile therapy, behavioral specialist, TSS	3355 Route 611 Suite 4, Bartonsville, PA 18321 (570) 807-3611 <a href="http://www.yapinc.org/">http://www.yapinc.org/</a>
<b>Autism Spectrum Disorders</b>		
Matrix Behavior Solutions, LLC	Services for children with autism Behavior Analyst Certification	175 E Brown St STE 202, East Stroudsburg, PA 18301-3098 (570) 234-3989 <a href="https://matrixaba.com/">https://matrixaba.com/</a>

**Monroe County Behavioral Health Referral List (updated 2/7/2024)**

ESU Autism Education Center	The ESU Autism Education Center offers referrals, networking, workshops and training for individuals with autism, their families.	562 Independence Road, Ste 329, East Stroudsburg, PA (570) 422-7950 <a href="https://www.esu.edu/autism-education-center/index.cfm">https://www.esu.edu/autism-education-center/index.cfm</a>
<b>Residential &amp; Inpatient Treatment</b>		
Brook Glen Behavioral Hospital	Inpatient program for teens ages 13 to 18	7170 Lafayette Ave, Fort Washington, PA 19034 (215) 641-5404 <a href="https://brookeglenhospital.com/">https://brookeglenhospital.com/</a>
Foundations Residential Treatment Facility Ages 8-21	Acute Hospital, Partial Hospital, Autism Services	833 E Butler Ave, Doylestown, PA 18901 (215) 345-0444 (800) 445-4722 <a href="http://fbh.com/">http://fbh.com/</a>
Kids Peace Hospital Inpatient/Hospitalization		5300 Kids Peace Dr. Orefield PA (610) 799-8000 <a href="https://www.kidspeace.org/pennsylvania/">https://www.kidspeace.org/pennsylvania/</a>
Summit Academy Residential D&A High School ages 14-19		Pittsburgh, PA 1(800) 454-9385 <a href="http://www.theacademyschools.com/Summit-Academy/Summit-Academy-drug-alcohol-Program.htm">http://www.theacademyschools.com/Summit-Academy/Summit-Academy-drug-alcohol-Program.htm</a>
George Jr. Republic Residential Care		233 George Jr. Road Grove City, PA (724) 458-9330 <a href="https://gjr.org/">https://gjr.org/</a>
Pyramid Healthcare Inpatient D&A Rehabilitation	Detox and Inpatient D&A services	420 Supreme Court Dr. East Stroudsburg, PA (570) 213-3300 <a href="https://www.pyramidhealthcarepa.com/">https://www.pyramidhealthcarepa.com/</a>
Huntington Creek Recovery Center (males ages 13-18)	Residential addiction treatment center for adolescent males. Can have certain co-occurring dx.	890 Bethel Rd, Shickshinny, PA 18655 (888) 645-4129 <a href="https://www.huntingtoncreekrecovery.com/">https://www.huntingtoncreekrecovery.com/</a>
Recovery Centers of America at Devon (ages 19 years +)	Detox and Inpatient D&A services	235 W Lancaster Ave., Devon, PA 19333 (484) 551-3366 <a href="https://recoverycentersofamerica.com/locations/devon/">https://recoverycentersofamerica.com/locations/devon/</a>
<b>Drug &amp; Alcohol Treatment</b>		
PA Treatment and Healing (PATH) Age: adults and adolescents	Outpatient D&A treatment, after school program, intensive adolescent day treatment program	149 Saw Mill Court East Stroudsburg, PA 18301 (570) 517-7153
Pyramid Healthcare Outpatient Rehabilitation	Teen outpatient	3180 Rt. 611 Suite 19 Bartonsville, PA 18321 (570) 420-7939 <a href="https://www.pyramidhealthcarepa.com/">https://www.pyramidhealthcarepa.com/</a>

**Monroe County Behavioral Health Referral List (updated 2/7/2024)**

Drug & Alcohol Commission Carbon/Monroe/Pike Age: No restrictions	Substance abuse and family related issues. D&A Hotline (866-824-3578) individual/groups/partial	724 Phillips Street Penn Square Suite A Stroudsburg, PA 18360 Intake # 420-8297 (570) 421-1960 <a href="http://www.cmpda.cog.pa.us/">http://www.cmpda.cog.pa.us/</a>
<b>Eating Disorder Treatment</b>		
Dorfman, Lorraine M., PhD	Eating Disorders	Cedar Crest Professional Park Allentown PA (610)915-8035 or (610) 740-0755 <a href="https://www.drlorrainemdorfman.com/">https://www.drlorrainemdorfman.com/</a>
Edwards-Hawver,Cynthia, PsyD.	Eating Disorders	400 South State Street, Clark Summit, PA (570) 575-3765 <a href="http://drcynthiahawver.com/">http://drcynthiahawver.com/</a>
Wonders, Michelle, PhD	Eating Disorders	Rte 390 Highpoint Business Center Cresco, PA 18326 (484) 494-2056
Langman, Madeleine, PhD	Eating Disorders	825 N. Cedar Crest Blvd, Allentown, PA (610) 351-3191
PennState Health Children's Hospital Eating Disorder Clinic Residential/Day Programs	Evaluations, Day treatment, Inpatient Residential treatment	600 University Drive, Hershey, PA 17033 (717) 531-2099 <a href="http://childrens.pennstatehealth.org/eating-disorders-and-adolescent-medicine">http://childrens.pennstatehealth.org/eating-disorders-and-adolescent-medicine</a>
Renfrew Center Inpatient Eating Disorder Care	Eating Disorders	475 Spring Lane, Phila, PA 1-800-736-3739 or (215) 482-5353 <a href="http://renfrewcenter.com/">http://renfrewcenter.com/</a>
Smith, Jennifer, LCSW	Eating Disorders	1702 W. Walnut Street Allentown, PA (610) 434-1540 <a href="http://brownbackmason.com/">http://brownbackmason.com/</a>
UPMC Inpatient Eating Disorder Care	Eating Disorders	3811 O'Hara St Pittsburgh, PA (412) 647-9329 <a href="http://www.upmc.com/Services/behavioral-health/eating-disorders/Pages/default.aspx">http://www.upmc.com/Services/behavioral-health/eating-disorders/Pages/default.aspx</a>
<b>Registered Dieticians</b>		
Brecht, Christina, MPH,RD,LDN	(includes eating disorders)	1 Washington St. East Stroudsburg PA (570) 426-7150
Stefanelli, Marlee, MS, LPC, LDN, RD	(includes eating disorders)	235 Main Street Blakely, PA 18447 (570) 954-7181 <a href="http://stefanellicounseling.weebly.com/about-marlee.html">http://stefanellicounseling.weebly.com/about-marlee.html</a>
<b>LGBTQIA+</b>		
Allentown Women's Center	Transgender health Initiative	31 South Commerce Way, Suite 100 Bethlehem, PA 18017 (877) 342-5292 <a href="https://allentownwomenscenter.com">https://allentownwomenscenter.com</a>
Bradbury-Sullivan LGBT Community Center	Virtual Youth Programs: youth ages 14-21 After School Youth Group: Project Silk - <a href="https://www.bradburysullivancenter.org/silk">https://www.bradburysullivancenter.org/silk</a>	522 West Maple Street at Bayard Rustin Way Allentown, PA 18101 (610) 347-9988

**Monroe County Behavioral Health Referral List (updated 2/7/2024)**

Eastern PA Trans Equity Project	Program to assist transgender residents in PA re legal name change, supportive services, education/outreach, financial help	(484)602-5918 <a href="https://www.patransequity.org/">https://www.patransequity.org/</a>
Mazzoni Center	Comprehensive LGBTQ health care center	Philadelphia area (215) 563-0652 <a href="https://www.mazzonicenter.org/">https://www.mazzonicenter.org/</a>
<b>Support Groups</b>		
Compassionate Friends Support Group (support of a family after a death of a child)	3rd Monday of each month 7:00 pm (meetings currently virtual)	327 Cherry Lane Road Tannersville, PA 18321 Teresa (570) 839-9612 and (570) 350-6695 <a href="http://www.tcfpoconochapter.org">www.tcfpoconochapter.org</a>
Depression/Bipolar Support Group		206 East Brown Street, East Stroudsburg, PA 18360 (570) 421-4000
Gender Pride Parent Support Group	Support group for parents who have children of any age that identify within the transgender spectrum. Dunmore area	Contact Karen Foley, LMFT (570) 290-7166 or NEPAPTC@gmail.com Monthly meetings at a private location
Hope After a Loved's One's Suicide- Child Loss Chapter (HALOS-CLC)	For parents and siblings who have lost a child or sibling to suicide. Stroudsburg area	Alice Keyes (570) 236-1168 <a href="mailto:alicekeyes00@gmail.com">alicekeyes00@gmail.com</a>
Lehigh Valley Pocono Hospice Grief Groups	Chaplain and social worker will go to all local schools	502 VNA Road, East Stroudsburg, PA 18301 (570) 421-5390
LGBT+ Teen Group Kristy Fiore Counseling		1 Line St, Ste 3 Throop, PA (570) 507- 3189 <a href="https://kristyfiore.com/">https://kristyfiore.com/</a>
LGBTQ+ Peer-Support Program	Moderated by professional staff	<a href="https://www.qchatspace.org/">https://www.qchatspace.org/</a>
Parents of Trans Kids Group	Every 2nd and 4th Wednesday of the month from 6-7:30pm (currently virtual)	<a href="https://www.bradburysullivancenter.org/">https://www.bradburysullivancenter.org/</a> parents_of_trans_kids <a href="mailto:Reilly@BradburySullivanCenter.org">Reilly@BradburySullivanCenter.org</a>
Pocono Autism Society	For families and professionals involved with ASD; meetings at 9:30am 4th Wed of month at the Hughes Library (Sept - May)	Beth Dellicker (570) 421-2299 <a href="mailto:beth@poconoautism.org">beth@poconoautism.org</a> <a href="http://www.poconoautism.org">www.poconoautism.org</a>
Pocono Mountains Area of Narcotics Anonymous		Local Helpline: (570) 421-6618 <a href="http://MARSCNA.org">MARSCNA.org</a>
<b>Local Food Banks</b>		
Pocono Mountain Ecumenical Hunger Ministry	Mt Pocono Borough, Coolbaugh, Pocono, Paradise Townships	(570) 894-2072 <a href="http://www.pmehm.org/">http://www.pmehm.org/</a>

**Monroe County Behavioral Health Referral List (updated 2/7/2024)**

Eglise Evangelique	Tue and Thurs 9AM-11AM Saturdays 9AM to Noon; Eligibility: Proof of Monroe County residence required.	129 Lower Swiftwater Rd, Swiftwater, PA 18370 (570) 895-2344 <a href="https://www.egliserenaissance.org/">https://www.egliserenaissance.org/</a>
Innovation Church- Community Food Pantry	Open to Monroe County residents with household income below 150% of the poverty level	6048 Paradise Valley Road Cresco PA (570) 595-2000 X 117
Pleasant Valley Ecumenical Network	Residents of Eldred, Ross, Polk, Chestnuthill, Hamilton, and Jackson townships	2334 Rt 209, Sciota, PA 18322 (570)992-3136 <a href="http://www.pven.net">www.pven.net</a>
St. Paul's Lutheran Church		158 Fish Hill Rd, Tannersville, PA (570) 629-1992 <a href="https://www.stpaultannersvillepa.org/walter--alice-strunk-food-pantry">https://www.stpaultannersvillepa.org/walter--alice-strunk-food-pantry</a>
Top of the Mountain Ecumenical Council	Tobyhanna, Tunkhannock, and Coolbaugh townships	133 Firehouse Road, Pocono Pines, PA 18350 tomecpantry@gmail.com (570) 646-5647 or (570) 646-9181 <a href="http://TOMECpantry.org">TOMECpantry.org</a>
Pet Food Pantry- A&J Animal Food Bank for Monroe County		900 Conwell St. Stroudsburg, PA contact Janice Wambold (570) 730-5654
<b>Housing Resources</b>		
Family Promise	Emergency Housing	1274 North 9th St. Stroudsburg, PA 18360 (570) 420-8589 <a href="http://familypromisepa.org/">http://familypromisepa.org/</a>
PATH Pocono Area Transitional Housing	Emergency Housing	7 North 9th Street, Stroudsburg, PA 18360 (570) 476-1828 <a href="https://www.pathhouse.org/">https://www.pathhouse.org/</a>
RHD Crossroads/Street 2 Feet Outreach Center	Provides case management /support services to those who are homeless or at risk of homelessness in Monroe County	Homeless Day Center: 130 N. First St, Suite 102, Stroudsburg (570) 369-1299 <a href="https://www.rhd.org/program/street2feet/">https://www.rhd.org/program/street2feet/</a>
Salvation Army Age: All	Emergency Housing. Energy & Rental assistance. Food panty. Lunch served daily M-F	226 Washington Street, East Stroudsburg, PA 18301 (570) 421-3050 <a href="http://pa.salvationarmy.org/">http://pa.salvationarmy.org/</a>
Monroe County Housing Authority	Provides rental properties to low income families in Monroe County.	1055 West Main Street, Stroudsburg, PA 18360 (570) 421-7770 <a href="http://www.housingauthoritymo">www.housingauthoritymo</a>